

BECAUSE IT'S BETTER TO BE SAFE THAN  
SORRY ON YOUR WEDDING DAY

# *groom's* EMERGENCY KIT



## 1. HEALTH & WELLNESS

- pain killers
- antacid
- band-aids
- eye drops
- allergy meds
- toothbrush
- toothpaste
- mouthwash
- tissue
- deodorant
- stress ball
- q-tips
- sunscreen
- hand sanitizer
- dental floss
- baby powder

## 2. GROOMING

- brush/comb
- lip balm
- hairspray
- lotion
- cologne
- tweezers
- nail clipper
- nail file
- lint brush
- shoe polish
- shave gel
- aftershave
- shoe horn
- extra socks

## 3. JUST IN CASE

- sewing kit
- safety pins
- boutonniere pins
- hem tape
- copy of vows
- playing cards
- stain remover
- static-cling spray
- phone charger
- portable battery

## 4. FOOD & BEVERAGE

- water
- drink straws
- energy drinks
- protein snacks
- nuts & chews
- candy
- gum/mints
- alcohol